

Massachusetts Department of Public Health Immunization Program

Recommended Immunizations For Teachers and Day Care Staff ¹		
Vaccine	Persons Born Before 1957	Persons Born In or After 1957
MMR ² (Measles, Mumps, Rubella)	1 dose recommended for women of childbearing age; and for all adults <u>not</u> born in the U.S.	2 doses
Varicella ³	2 doses	2 doses
Hepatitis B ⁴	3 doses	3 doses
Td/Tdap ⁵ (Tetanus, diphtheria, pertussis)	1 Td booster every 10 years, Substitute Tdap for 1 dose of Td	Booster every 10 years
Annual Influenza	Indicated for caregivers of children birth – 59 months of age; anyone at risk for complications from influenza; pregnant women; and everyone \geq 50 y/o.	

¹ All full- and part-time teachers, student teachers and staff.

² Proof of immunity to measles, mumps **and** rubella is required for staff of licensed group and family day care centers. (See MASSACHUSETTS IMMUNIZATION REQUIREMENTS FOR SELECTED OCCUPATIONAL GROUPS on next page.) MMR vaccine is recommended for teachers and staff in other school settings.

³ Varicella vaccine is recommended for those who do not have documentation of age-appropriate immunization, a reliable history of varicella disease (physician diagnosis or personal recall) or serologic evidence of immunity.

⁴ Federal OSHA regulations require some employers to offer hepatitis B vaccine to childcare staff whose responsibilities include first aid. Serologic evidence of immunity may be substituted for immunization.

⁵ All adults should receive a single dose of Tdap, especially those who have close contact with infants <12 months of age (e.g., childcare providers). An interval of \geq 2 years since the last dose of tetanus toxoid-containing vaccine is suggested; a shorter interval can be used.

These Adult Immunization Guidelines are based on the recommendations of the Advisory Committee on Immunization Practices (ACIP). For specific ACIP recommendations refer to the full statements at <http://www.cdc.gov/nip/ACIP/default.htm>. You can also visit the MDPH website at www.mass.gov/dph or call MDPH toll-free at 1-888-658-2850.